# **#ACTIVEEVS2018**

#### LONG TERM EVS, SZCZECIN, POLAND SEPTEMBER 2018 - JUNE 2019

POLITES Association is organizing a long-term EVS project that will take place in Szczecin, Poland. The project starts in September 2018 and ends in June 2019. The main aim of the project is to develop key competences and gain experience by being an EVS volunteer. Taking part in our project means working with kids, youth and local community. You will have a great chance to present yourself, your country and culture, participate in different workshops and activities. Join us to explore new possibilities, gain experience and have lots of joy!

#### SEE YOU SOON IN SZCZECIN! YOUR EVS TEAM

rasmust

الجليبة والمطر أأساده الاستخ

www.polites.org.



# **ABOUT US**

We are a group of people with different interests, points of view and ways of life. But there is one thing we have in common - being active. Every day we are trying to convince people, young and old, that after work or school, there is a lot of interesting things to do. Our motto is: The active are living more attractive!

We run several programmes like Regional Voluntary Service, Sektor 3 - NGO Support Centre, Big Brothers Big Sisters. We are active on international level since 2007 as a sending, hosting and coordinating EVS organization and hosting for students and professionals from countries of Eastern Europe to Poland.

# WHAT IS THE Project About?

Our long term EVS project is concentrated on developing 8 key competences while doing various volunteer activities like working with kids, supporting the work of Regional Volunteer Centre and local nongovernmental organizations.

The aim of the project is, for you, to gain and strengthen mentioned competences and to promote voluntary service as an interesting way of spending free time.

During this time you will be presenting your culture, country, ideas and creative approach in organizing activities for kids, youth and local community. You will have a chance to participate in many workshops that will help you develop the skills in working with kids, will show you the basics of management, Social Media, idea of being a volunteer. Those workshops will prepare you to work in the chosen area, which could be kindergarten, middle school or NGO office – depending on the specific project.



The biggest section of any grocery store in Poland is the candy section.

Poland is the 9th largerst country in Europe.

The ground floor is regarded as floor "0" so you press "1" when you want to go to the 1st floor in the elevator.

The name "Poland" originates from the name of the tribe "Polanie" which means "people living in open fields".

CHARLES WILL

# EVS Possibilities

### 2. OFFICE EVS

SUPPORTING POLITES ASSOCIATION

4 volunteer supports Regional Volunteering Centre and its' programmes Big Brother Big Sister and Emergency Teaching, administrates our Social Media, prepares posters/ flyers, promotes the idea of EVS, writes reports, organizes courses of native language/ workshops (ex. Human rights)/ cultural events.

## **1. KINDERGARDEN EVS**

SUPPORTING LOCAL KINDERGARDENS

14 volunteers in 4 kindergartens support the staff in taking care of the kids/ teaching basic skills such as personal hygiene and social skills, teaches basics of the native language, organizes and leads activities designed to promote physical, mental, and social development such as games, arts and crafts, music, and storytelling.

### **3. SCHOOL EVS**

SUPPORTING PRIMARY SCHOOL AND GYMNASIUM

3 volunteers organize classes for students about language/ culture and traditions of various countries in the UE, supports pupils in learning foreign languages, carries out various activities about the EU, helps in running a school radio/ broadcasts the music/ trivia/ cuisine and culture of a given country, activates pupils in sport.

#### MORE ON KINDERGARDEN WORK

we are working with 4 different kindergardens -3 in Szczecin and 1 in Stargard, which is approx. a 30 min, one way, train trip from your accommodation place. Kindergarden work looks very similar in every place. If you are choosen for kindergarden in Stargard we will provide you with a train ticket as well so you can travel there freely.



LONG TERM EVS SZCZECIN, POLANC SEPTEMBER 2018 JUNE 2019

#### WILL I GET ANY FINANCIAL SUPPORT For my stay in poland? Where will I live during my stay?

Every volunteer who is taking part in the long term EVS in Szczecin is supported with pocket and food allowance money (not less than 180 Euro). It means that for your stay you will receive the money for your expenses that you can use to buy the food for yourself, travel around, buy new clothes or visit an art gallery. You will be accommodated in rented flat with the access to kitchen and bathroom. All the kitchen appliances like forks, spoons, plates, pots etc. will be there also. Bills are mainly paid by POLITES Association.

#### WILL I HAVE ANY HOLIDAY DURING MY EVS?

Sure - you cannot work all the time. Being on EVS also means a chance of visiting many places or travelling around. Each month there are 2 days for you to use as days off. You can use them in the beginning of the month or in the end - your choice but you need to remember about one thing - if you do not use them, they will not be cumulated. For a longer break you can use the holiday time that you receive for the whole project. Planning your days off or holiday goes hand in hand with the working schedule of your hosting organization.

#### CAN I GO FOR ANO After this (

There is only one chance in wallNINGS entire lifetime to take part in the long term EVS. Remember, though, that you can apply for seminars, training courses and other projects within Erasmust PORT programme. There are many OJECTS other possibilities to choose from. Completing your EVS doesn't mean that your Erasmust adventure is over.

EXCH

SHA

#### SHOULD I APPLY IF MY EDUCATION IS DIFFERENT THAN PROJECT SUBJECT?

It's not only that you can - you should! It could be a great chance to gain new knowledge and develop skills. You will have a chance to try something new and we will help with that. You can use your personal skills and talents anywhere—it is all about the happy attitude and creative approach.

#### HOW WILL MY WORKING DAY LOOK LIKE?

It all depends where you will be a volunteer. Places like kindergarden or school are much more rigid than our office. All the volunteers work the max of 38 hrs per week. A normal working day of a volunteer is full of many all-thetimechanging activities (mainly in the kindergarden). You will help the kids or youth in their everyday actions, you can organize your own activities with them, do some sport things, build LEGO or help in doing homework. In the office you will have a chance to visit our partners, organize an event or prepare some information for our followers. Working day during EVS is dynamic.

#### HOW THE TRIP TO POLAND SHOULD BE Arranged? How much does it cost?

Do not fear! There are few ways of how it could be done. First of all, you already know that the city of your project is Szczecin, Poland. You can start arranging the trip by yourself. If you face difficulties - we are here for you! You can send us a message and we will do our best to find the best travel option. Also, do not forget about your Sending Organization. Who knows, maybe they know a cheap transport company that goes directly from your home city? The cost depends on the available possibilities and your own choice. The exact amount of money that will be given to you is based on Distance Calculator.



#### WHAT I SHOULD TAKE WITH ME IF I AM SELECTED FOR THE PROJECT?

First of all, take all kinds of positive emotions! Your new journey will start soon. There are few material things that you will need, though. Bring: all the personal hygiene essentials, towels, bedsheets, 2 pictures (size of your ID/passport), documents, clothes and shoes for every season, comfortable clothes for sporty activities.

IF YOU ARE AN EU CITIZEN ELIGIBLE FOR THE EHIC CARD YOU MUST HAVE IT WITH YOU DURING YOUR EVS



#### HOW WILL I MOVE AROUND THE CITY? How will I get to my workplace?

As your Coordinating Organization we will buy a local transportation ticket for the time of your stay so you can reach your working place without any problems.

#### WHAT WILL I GET FROM EVS?

Besides a chance of meeting new people, living in a new place, doing some new things in your life - everything you need to become a team player and be more self-confident. EVS is not only about the voluntary tasks. It is also about spending some time abroad to get to know yourself better. After the EVS is finished you will receive the official paper on your EVS - the YOUTHPASS Cetrificate that will confirm your personal development and your stay in Poland. But what you will learn here - stays forever!

#### CAN I WORK DURING MY EVS AND EARN MONEY?

That would be too good to be true. EVS volunteers are not allowed to work during their project. Also, they are not allowed to take part in other Erasmus + projects during their EVS. If you want to work or take part in something additional – it has to be after your EVS is completed.

COORDINATING ORGANIZATION POLITES Association Szczecin, Poland www.polites.org.pl evs@polites.org.pl

# ACTIVE ARE LIVING MORE ATTRACTIVE

# join us now and apply for a long term EVS in Szczecin

HOW TO APPLY?

Erasmus

## FILL IN THE APPLICATION FORM THAT YOU CAN FIND HERE (CLICK)

WE ARE LOOKING FOR 21 VOLUNTEERS FROM SPAIN, HUNGARY, GERMANY, GEORGIA, UKRAINE, PORTUGAL, GREECE, CYPRUS, ITALY